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First-Time Multi-Family PHIUS+ lessons from west side flats, st. paul, minnesota

PHIUS Conference October 15, 2021 Tarrytown, New York



presenters



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learning objectives

- Understand how first-time PHIUS projects may need to take a different approach than seasoned teams in order to successfully achieve PHIUS+ certification
- Learn how the skills of a CPHC for new project teams must expand from WUFI Passive energy modeling only to soft skills like relationship building and leading collaborative design workshops
 - Explore the critical role that **CPHCs** play during the **construction administration** process
- Leave the session equipped with **best practices** for completing your first multi-family PHIUS project

site plan





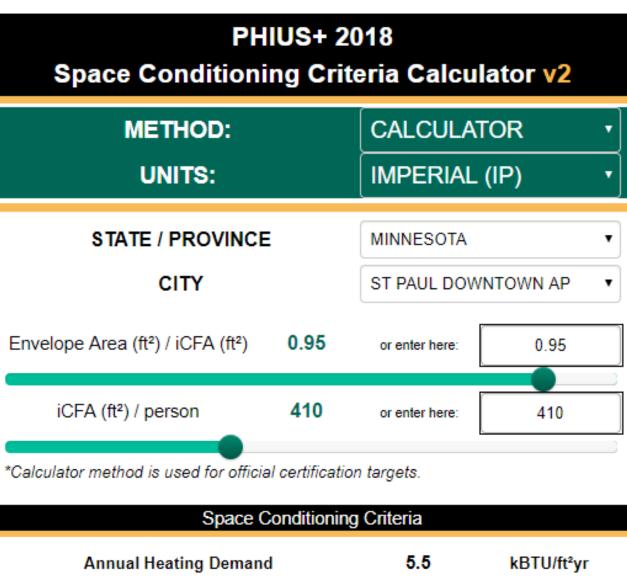






project metrics

Occupants	227
GSF	97,519
iCFA	93,010
Envelope Area	88,068
Envelope Area / iCFA	0.95
iCFA / person	410



Annual Cooling Dema

Peak Heating Load

Peak Cooling Load

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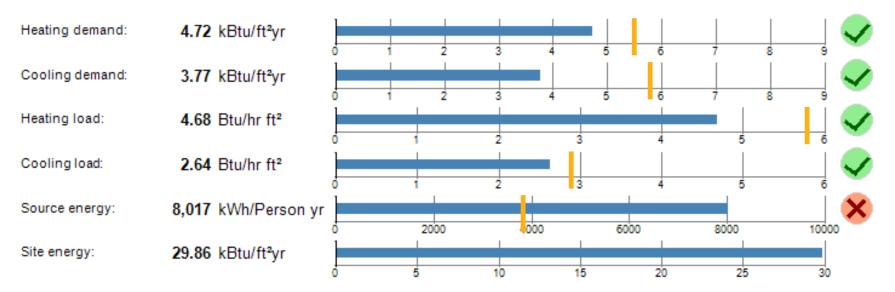
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phiuscon october 2021 FIRST-TIME MULTI-FAMILY PHIUS+: LESSONS FROM WEST SIDE FLATS screenshot from PHIUS Space Conditioning Criteria Calculator v2 © precipitate and kaas wilson 2021

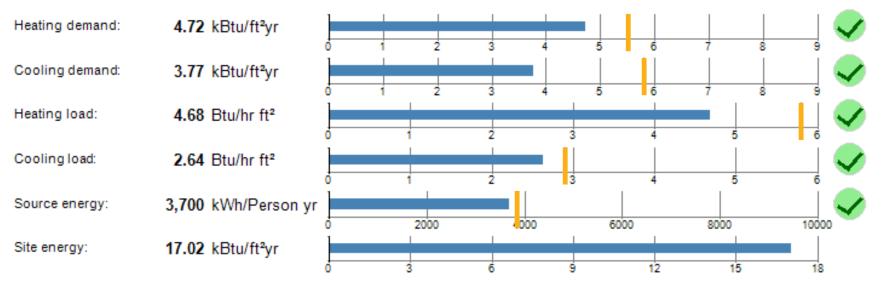
e Conditioning Criteria				
and	5.5	kBTU/ft²yr		
and	5.8	kBTU/ft²yr		
d	5.8	BTU/ft²hr		
d	2.9	BTU/ft²hr		

energy targets

WITHOUT SOLAR



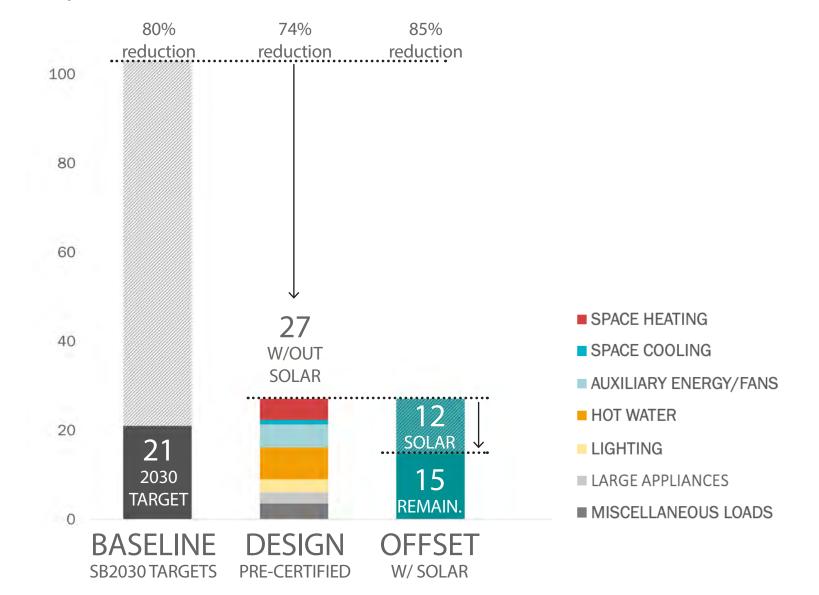
WITH SOLAR



screenshots from WUFI Passive



site | kBtu/GSF/year



project challenges

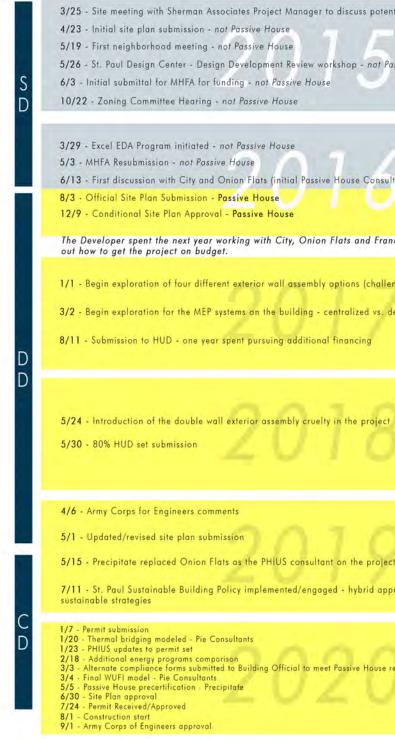
- Timeline
- Passive House comes late to the table
- Starts and Stops (financing)
- Type IIIB Construction above a Podium

Fire treated lumber

5 stories, so NFPA 285 testing required

This was the first Passive House project for

the Architect, Engineer, and Contractor



- 3/25 Site meeting with Sherman Associates Project Manager to discuss potential project. not Passive House
- 5/26 St. Paul Design Center Design Development Review workshop not Passive House
- 6/13 First discussion with City and Onion Flats (initial Passive House Consultants)

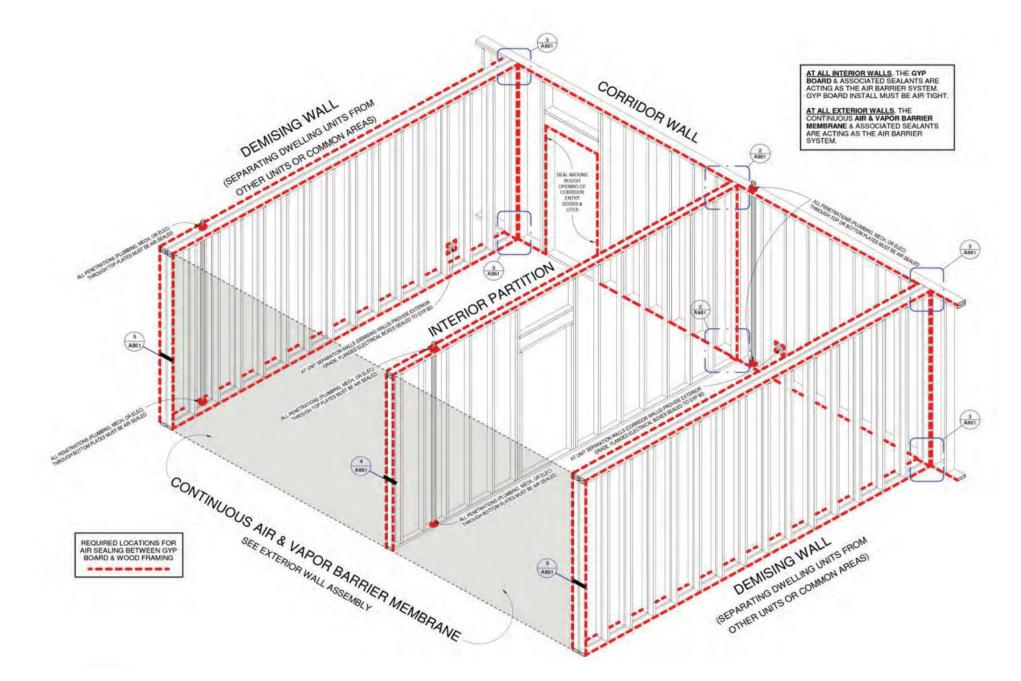
The Developer spent the next year working with City, Onion Flats and Frana (General Contractor) to figure

- 1/1 Begin exploration of four different exterior wall assembly options (challenge with a IIIA construction type)
- 3/2 Begin exploration for the MEP systems on the building centralized vs. decentralized systems

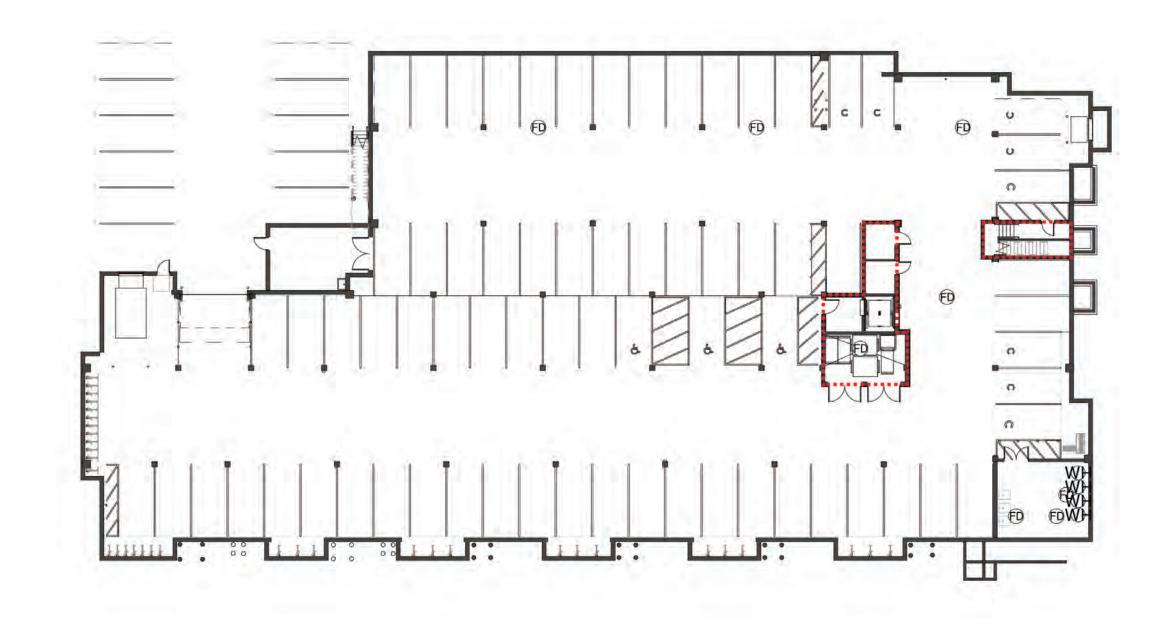
- 7/11 St. Paul Sustainable Building Policy implemented/engaged hybrid approach of Passive House and 10 other

3/3 - Alternate compliance forms submitted to Building Official to meet Passive House requirements

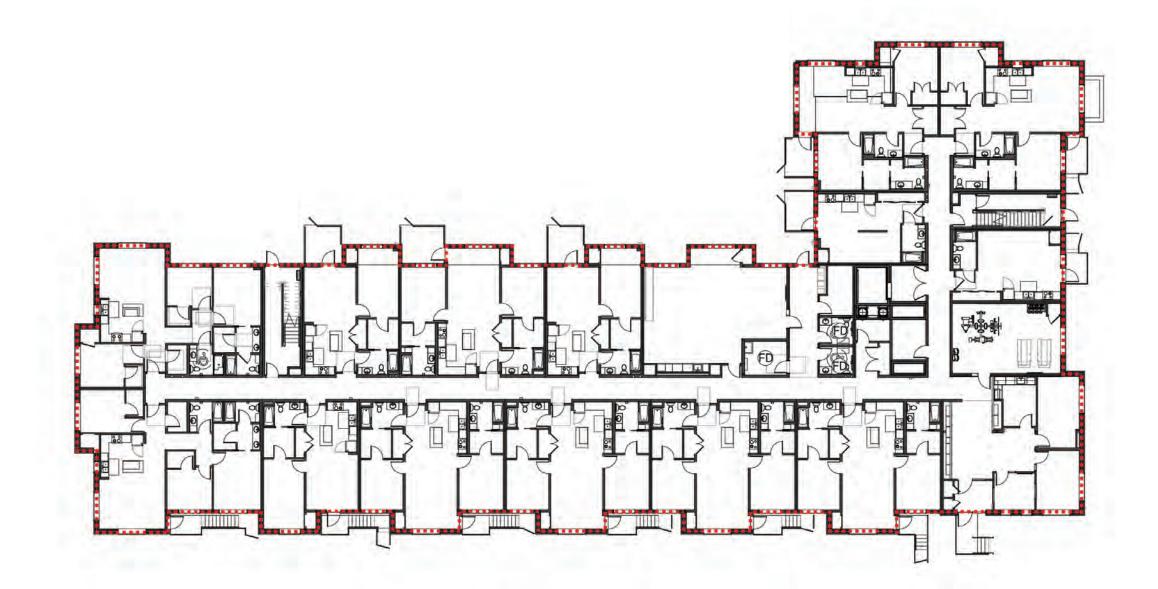
collaborative design workshops



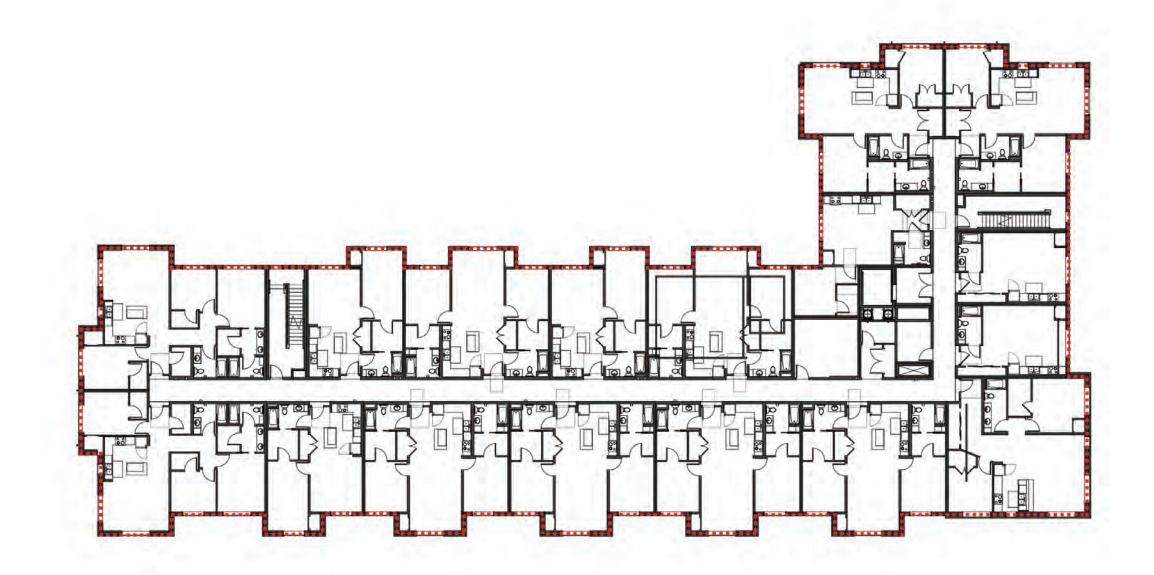
passive house envelope: garage



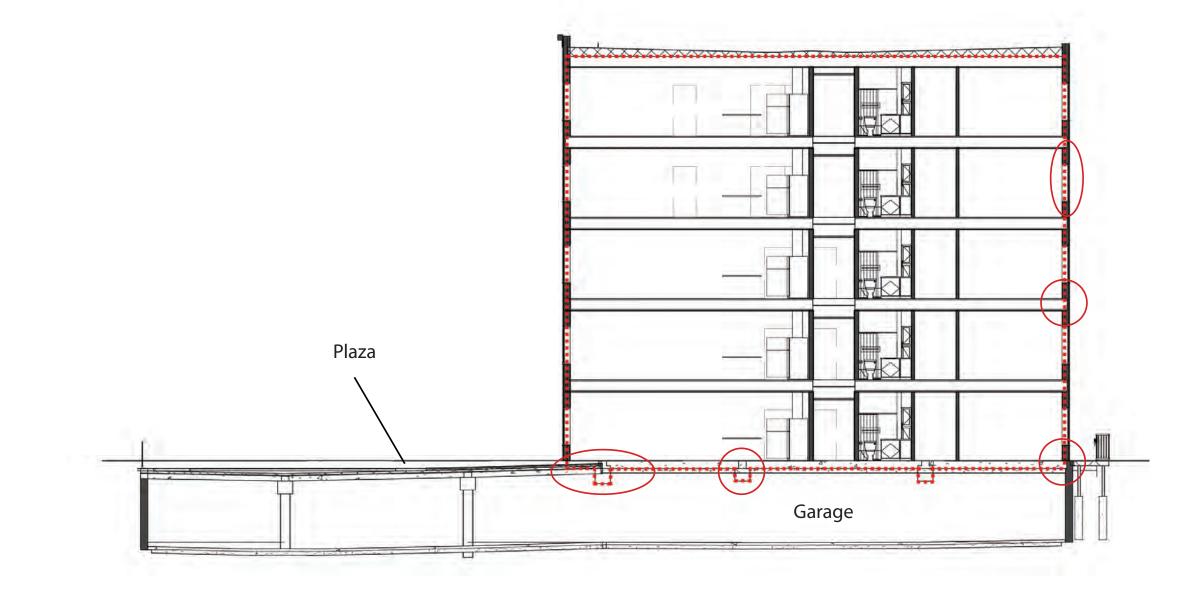
passive house envelope: first floor



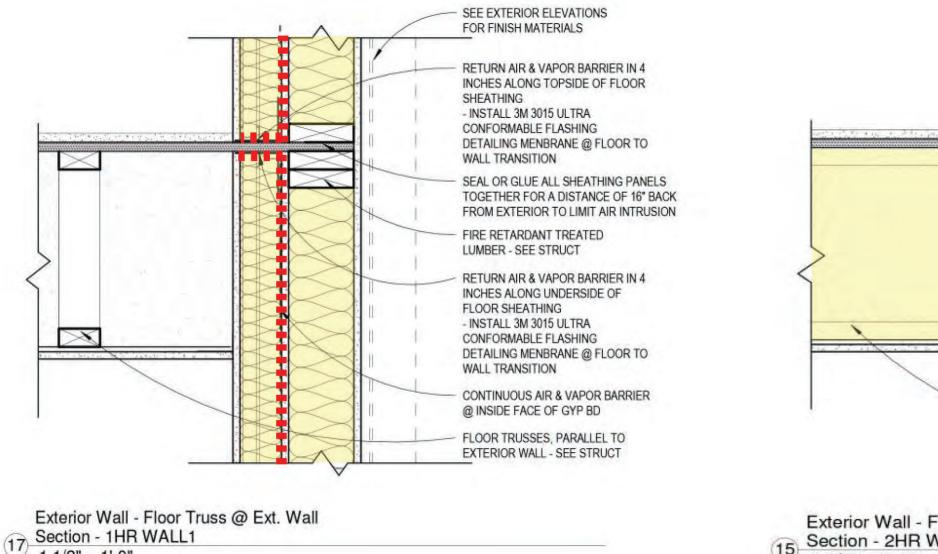
passive house envelope: floors 2-5



passive house envelope: section



passive houe envelope



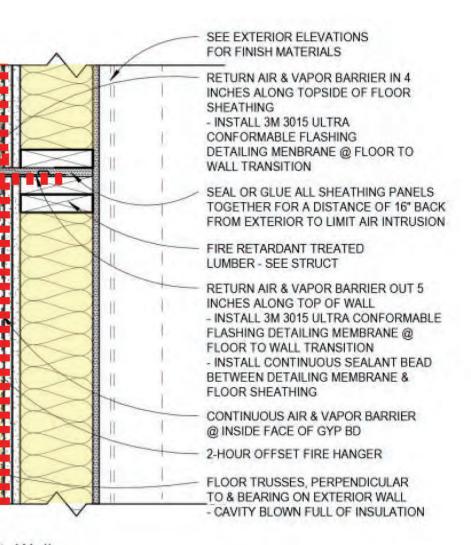
 $1 \frac{1}{2} = 1' - 0''$

Exterior Wall - Floor Truss @ Ext. Wall 15 Section - 2HR WALL1 1 1/2" = 1'-0"

11

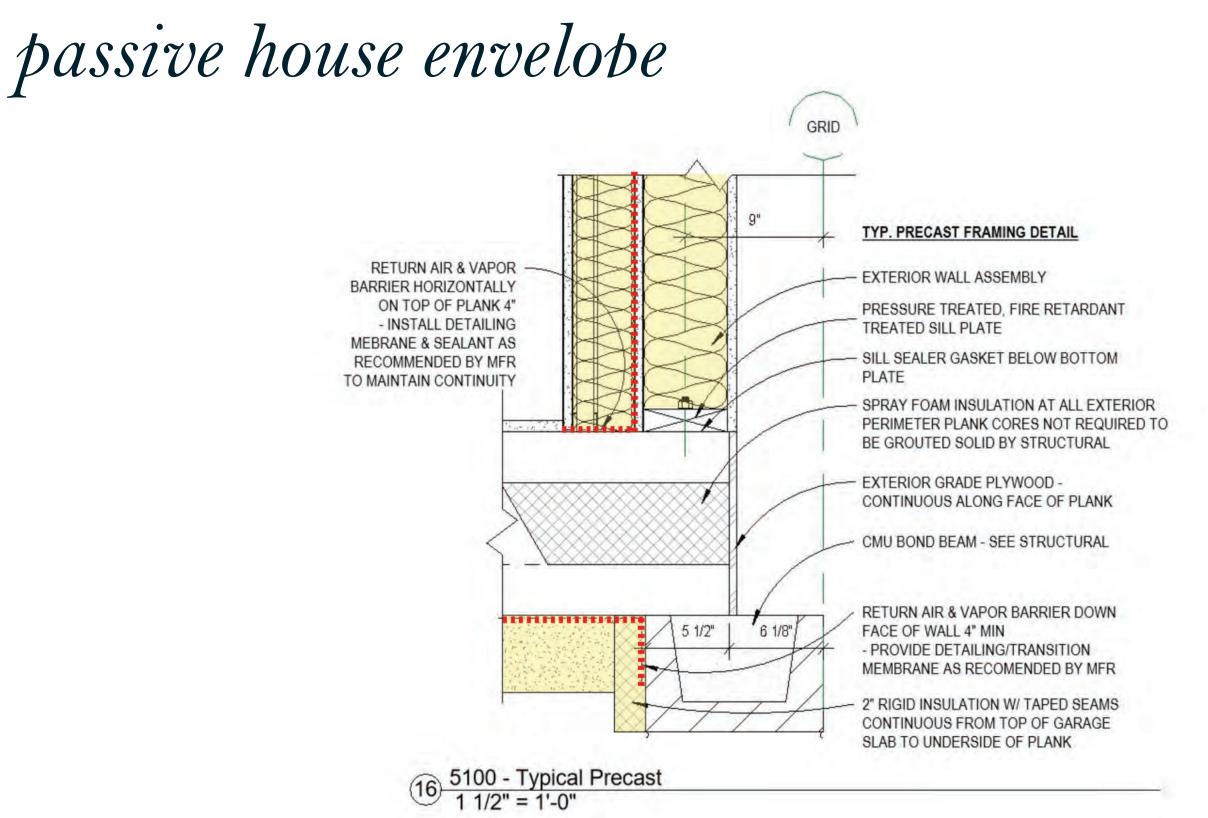
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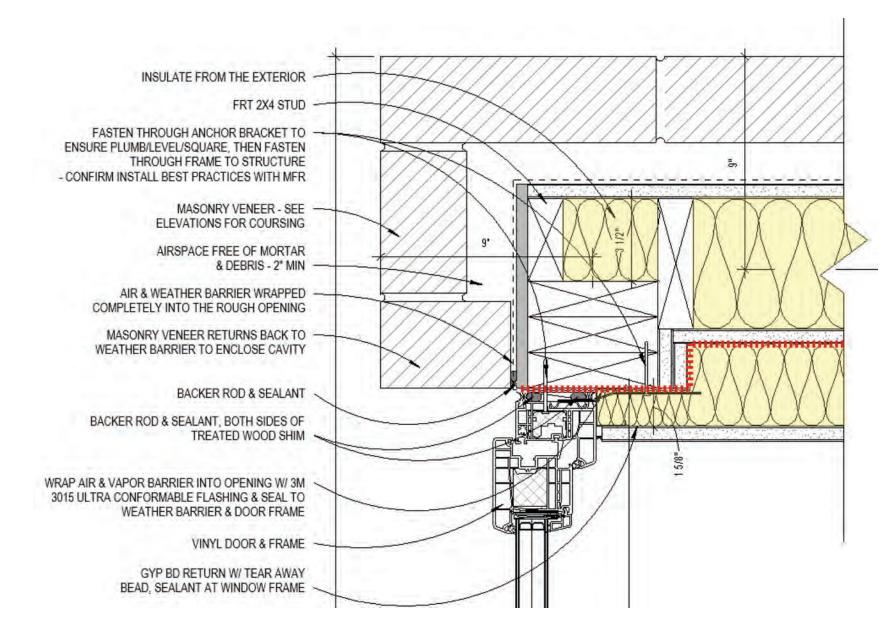






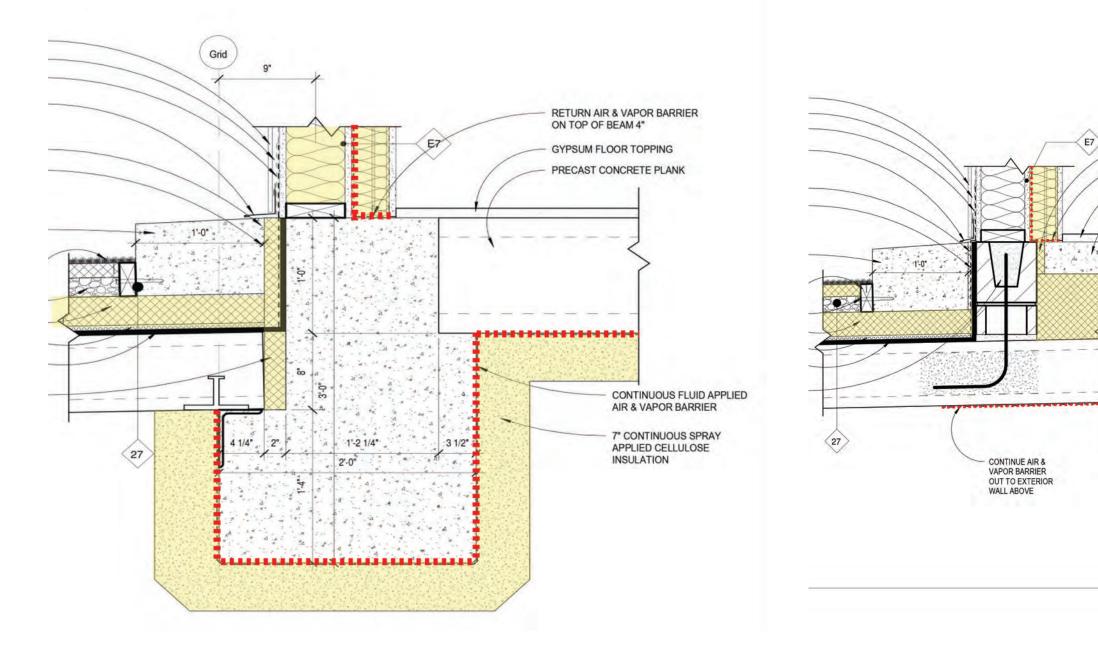


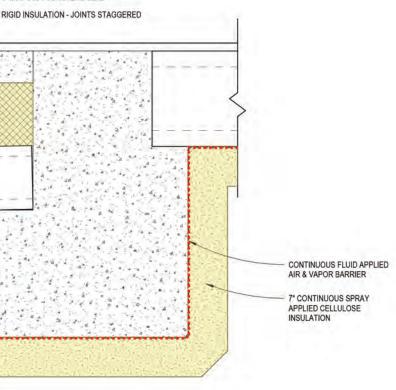
detailing patio entry doors - larger frame





beam / wall / plaza connection



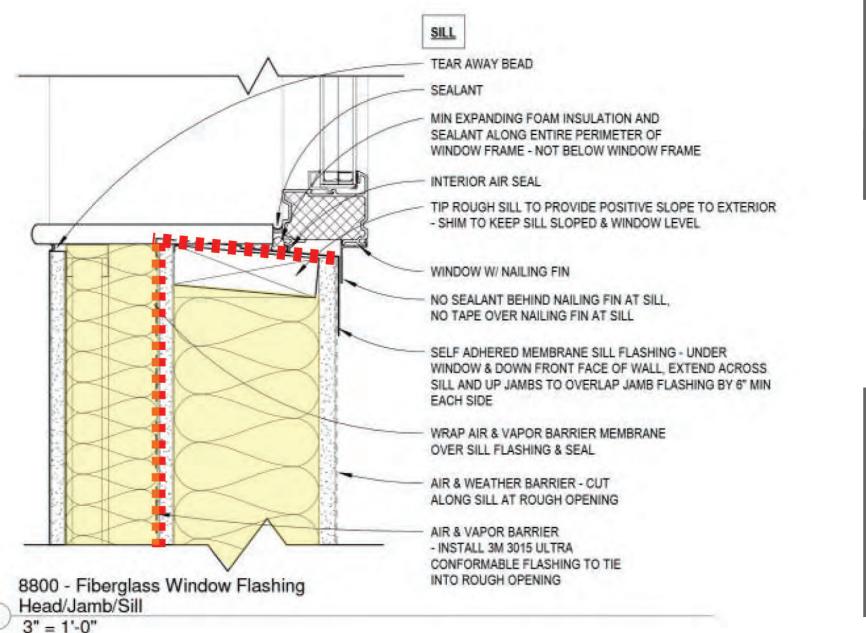


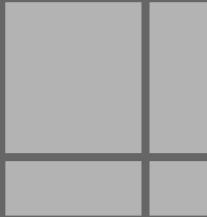
- 4" MIN. C.I.P. CONCRETE SLAB
- GYPSUM FLOOR TOPPING
- RETURN AIR & VAPOR BARRIER ON TOP OF FLOOR SLAB 4"
- 1" RIGID INSUL EXPANSION JOINT MATERIAL R-5 MIN

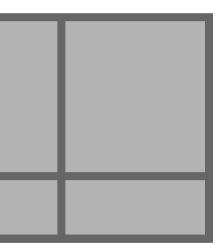




window details



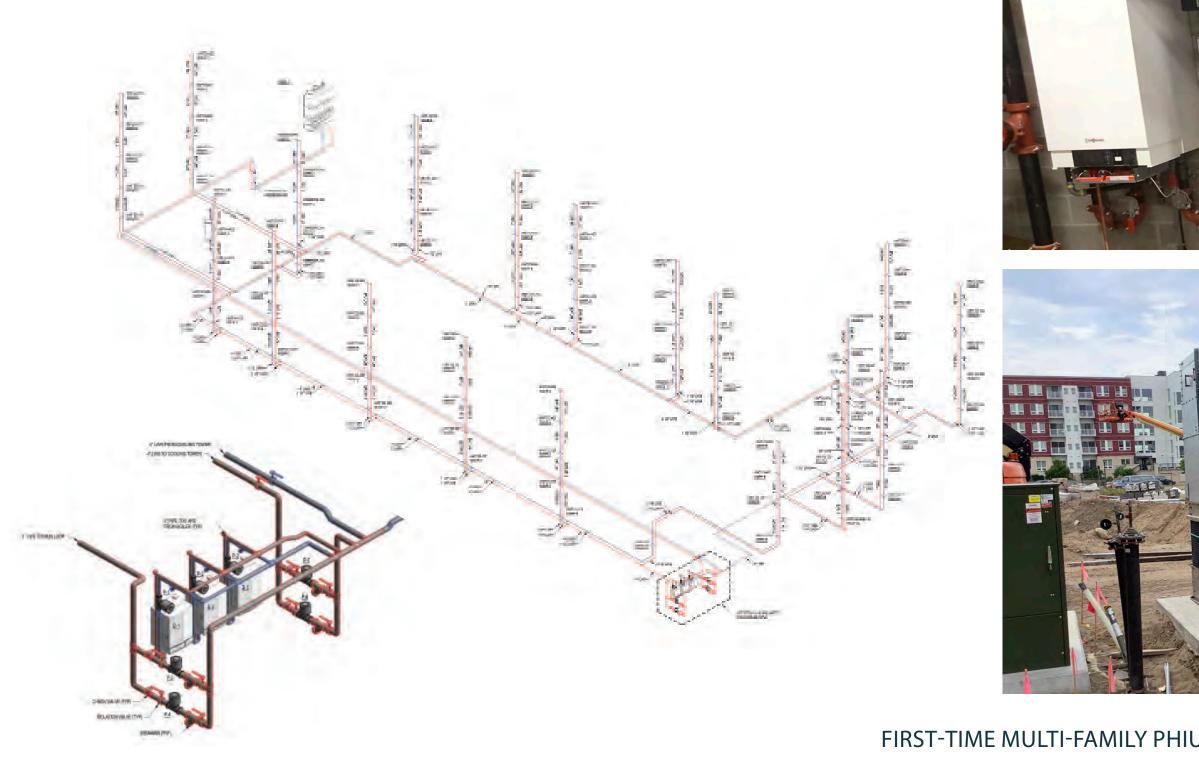


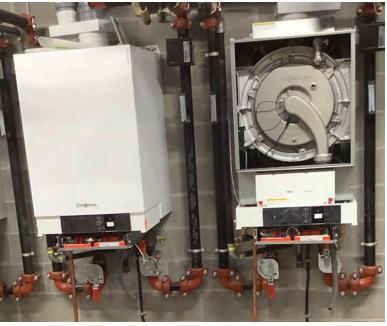






loop water system

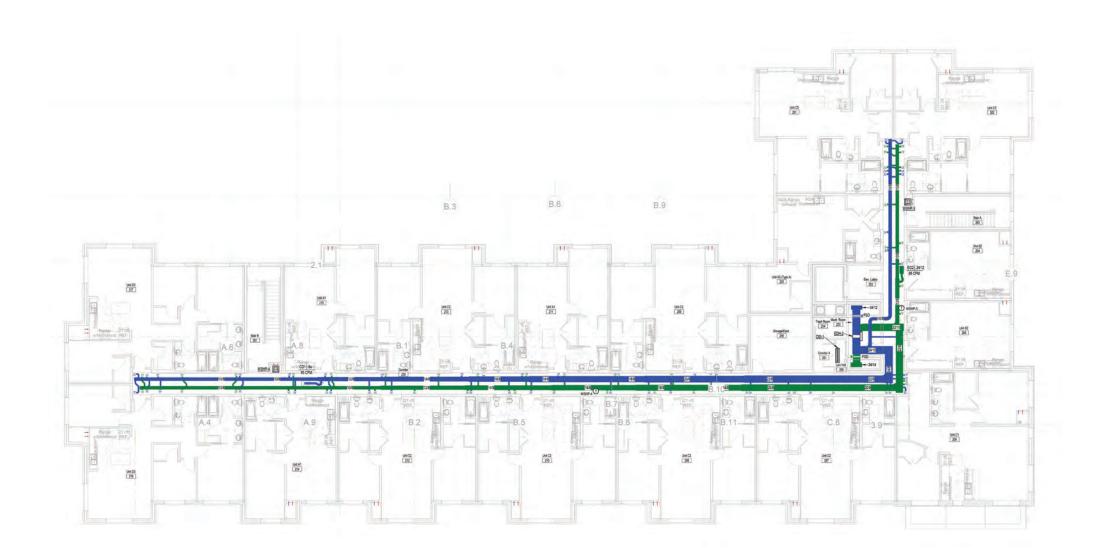




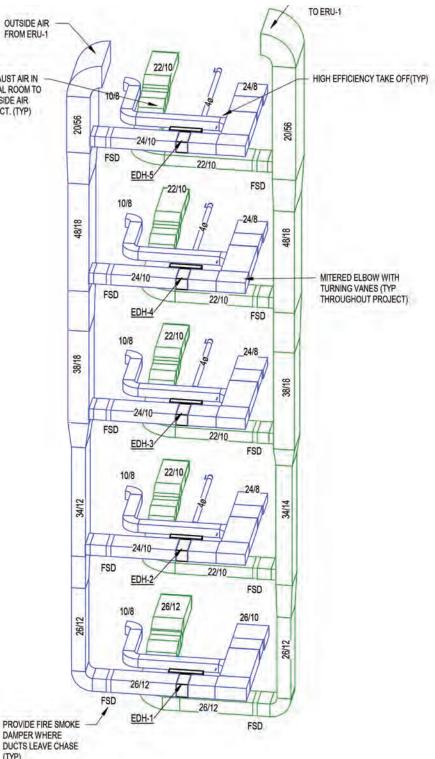


energy recovery system (erv)

DROP EXHAUST AIR IN MECHANICAL ROOM TO AVOID OUTSIDE AIR SUPPLY DUCT. (TYP)



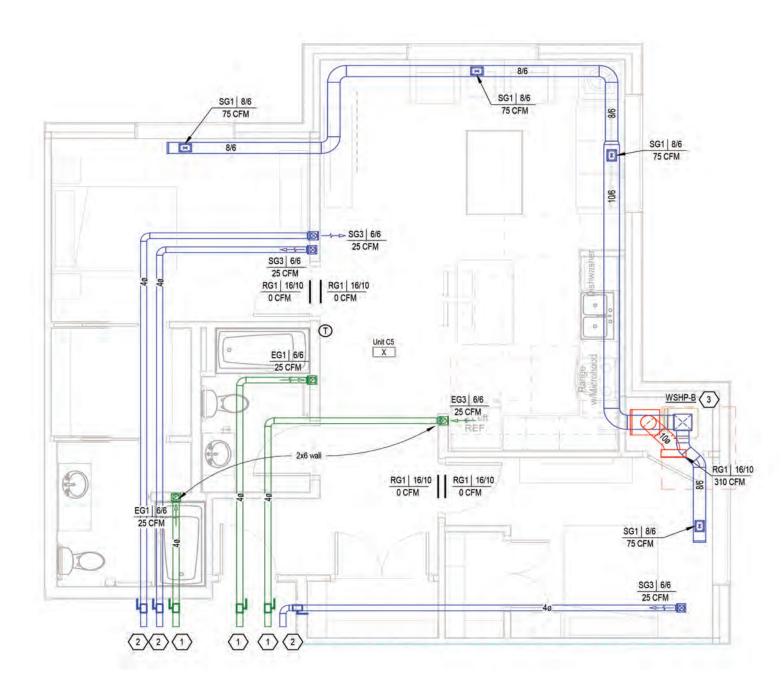
PROVIDE FIRE SMOKE DAMPER WHERE DUCTS LEAVE CHASE (TYP)







typical unit hvac plan





PRICING: switching out units

cost impact of phius+

CSI Div.	High Efficency \$/GSF		SF Passive	
6	\$	23.00	\$	
7	\$	10.78	\$	
8	\$	5.47	\$	
9	\$	17.30	\$	
22/23	\$	20.90	\$	
26/27	\$	9.85	\$	
1	\$	4.37	\$	
Misc Building Trades	\$	64.81	\$	
	\$	156.48	\$	

PH Premium

\$

e House \$/GSF

24.51 17.90 6.79 17.90 28.06 10.35 5.28

64.81 175.60

> 19.12 12%

takeaways

- Start the project day one as Passive House
- Get full team buy in on the process
- Keep the building form simple
- Pay attention to thermal bridges at balconies
- Plan for centralized MEP approach up front
- Avoid precast garage lid use cast in place
- Select a PHIUS green-lit exterior wall assembly
- Avoid IIIB construction type if five+ stories
- The information you learn through this process carries over to ALL projects!



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thank you

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