## GSHPs and ASHPs Real Performance Results in Cold Climates



University of Minnesota Cold Climate Housing Program Center for Sustainable Building Research (CSBR) Center for Energy and Environment (CEE)

GSHPs and ASHPs - Real Performance Results in Cold Climates

**Outline** 

- 1) Ground source heat pump monitoring project
	- i. Background
	- ii. Monitoring
	- iii. Modeling
- 2) Air source heat pump monitoring project
	- i. Background
	- ii. Monitoring Results
- 3) Discussion, comparison, & implications for Passive House

## GSHP - background

Prior research:

Michaels Engineering Report for MN Department of Commerce (2008)

- 1) Found negative life cycle savings and increased CO2 emissions for residential installations.
- 2) Widely criticized by the GSHP industry for using modeled energy results based on assumed GSHP efficiency levels.
- 3) Assumed 3.3 heating COP, 4.1 cooling COP for the energy modeling study



## GSHP - background

University of Minnesota's Cold Climate Housing Program proposed revised research approach:

- 1) Multi-year in-situ monitoring of GSHP systems
- 2) Energy modeling comparison to standard GFA systems using COP results from monitoring
- 3) Broader environmental and policy assessment of GSHP technology, including an LCA study





Original goal: 50 monitored systems in various climate zones

After drop-outs, equipment failures and data issues, 37 systems were used for the report.

Monitoring system design and installation provided by Mike LeBeau, CR Building Performance Specialists.





#### 4-variable graphs used to identify heating and cooling seasons



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 $COP$  (heating) = (Energy Delivered + Energy Consumed) / Energy Consumed

COP (cooling) = (Energy Extracted – Energy Consumed) / Energy Consumed



#### Take-aways:

- 1. Cooling season is short and run time is highly irregular
- 2. Greater loop fluid delta T corresponds to higher COPs
- 3. This system is probably undersized (as are most GSHPs to save install cost)



#### Take-aways:

- 1. Noticeable decline in COP during the course of a heating or cooling season
	- i. Heating whole system  $COP 4.5$  down to 3.8
	- ii. Cooling whole system  $COP 10$  down to 8
- 2. Addition of loop field pump energy drops heating COP by close to 2 (roughly 6 to 4, for this high-performing system)
- 3. Loop field temperature bottoming out near 32F, peaking at 60F





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Large variability in compressor performance, especially on cooling side.

- i. Variation from each other
- ii. Variation from expected





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#### Is the homeowner going to get what they paid for???





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Large variability in compressor performance, especially on cooling side.

- i. Variation from each other
- ii. Variation from expected

#### Welcome to the high-stakes table!







#### Final measured heating and cooling COPs (compressor + loop pump)





#### Final measured heating and cooling COPs (compressor + loop pump)



Values used for energy modeling 

Michaels Engineering report assumptions: heating COP 3.3, cooling COP 4.1

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9 base cases used to determine GSHP savings in a wide variety of possible installation scenarios



9 cases x 3 efficiency levels = 27 GSHP models + 9 base cases w fuel-fired GFA + 9 GSHP models w desuperheaters  $=$ 45 models total





Complications:

- 1) Different supply air temperatures meant that fan airflows and therefore fan energy would be different for each system at a given heat load. And REM Rate does not do a good job with fan energy.
- 2) GFA systems are oversized, whereas GSHP systems rely on backup heat systems – How much backup? How much oversizing?
- 3) GSHP systems can provide hot water savings with the use of a desuperheater

### Fan airflows and energy use based on supply air temperature







#### Translate site to source energy...







#### Translate site energy to CO2 emissions...







#### Translate to energy costs...

#### Rate assumptions for base case GFA systems (natural gas/propane)



#### Rate assumptions for GSHP systems (all electric)



KG D.



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Assuming a respectable level of performance (which might be a big if) GSHP can provide certain benefits in cold climates:

- 1) Reduced site energy use for all homes
- 2) Reduced site and source energy use for old, inefficient homes
- 3) For outstate areas, reduced site energy, source energy, CO2 emissions, and energy costs *compared to electric-resistance based systems*
- 4) For outstate areas, reduced and stabilized energy costs for propane *homes*

However, for most new homes in MN, GSHP systems increase source energy use, CO2 emissions, and energy costs.

In mixed-humid climates, results would be substantially different.

## ASHP - background

#### Field research currently underway by Center for Energy and Environment:

#### *Cold Climate Air Source Heat Pump Field Assessment*

Team members: Nicole Kessler Josh Quinnell Ben Schoenbauer

Will install and monitor performance of 6-8 air source heat pumps in a variety of installation conditions www.mncee.org/heat\_pumps 

2 ductless models, 6 ducted

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## ASHP - background

Several complicating factors with ASHP efficiency:

- 1. COP varies considerably with temperature
- 2. In cold climates, COP impacted by backup heat
- 3. And defrost cycles



## **ASHP Performance – Preliminary Data**



- Rated COPs of 3.0-3.5 at 47 F
- COP observed
	- 1.5-3.5 (site 1 & 2)
	- $1-3.5$  (site 3)
- 2015-2016 heating season
- Results shown with no backup, no frostprotection







# **Preliminary Results**



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Including impact of backup heat reduces the combined COP





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Eventually, COP approaches furnace efficiency

# **Energy Use and Costs**

- Assumptions:
	- 40,000 Btu/hr design heating load
	- Minneapolis TMY3
	- Equipment specifications





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ASHP COP declines as it spends more time operating at cold temperatures<sup>®</sup>, but... Avg. COP of total system goes up as backup use goes down.

## **Comparison and Discussion**

How do GSHP and ASHP systems compare, and what are their implications for code houses and Passive Houses? Assume GFA-based code house is "base case"

- 1. GSHP definitely provides highest efficiency
- 2. Both ASHP and GSHP will reduce *site* energy substantially



## **Comparison and Discussion**

How do GSHP and ASHP systems compare, and what are their implications for code houses and Passive Houses? Assume GFA-based code house is "base case"

- 1. Compared to base case, GSHP and ASHP increase source energy slightly.
- 2. Compared to base case, PHIUS+ saves roughly 55%  $(6200 \text{ kWh} \times \text{(bed + 1)})$



## **Comparison and Discussion**

How do GSHP and ASHP systems compare, and what are their implications for code houses and Passive Houses? Assume GFA-based code house is "base case"

- 1. Compared to base case, GSHP and ASHP increase emissions significantly.
- 2. Compared to base case, PHIUS+ saves 45% (assuming all site energy is electric, which is worst case)



We know the primary energy requirement is very tight. Maybe be the toughest requirement to hit without resorting to renewables. How do these systems stack up in terms of primary energy use?

Annual load  $x$  PE factor/efficiency = primary energy

Base case: GFA system with 95AFUE, PE factor 1.09  $1.09/0.95 = 1.15$ 

This is the ratio to beat. A lower number saves primary energy.



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Annual load  $x$  PE factor/efficiency = primary energy

GSHP system: Heating COP 3.2, PE factor 3.16  $3.16/3.2 = 0.99$ 

**GSHP** system will help reduce primary energy use for space heating.



We know the primary energy requirement is very tight. Maybe be the toughest requirement to hit without resorting to renewables. How do these systems stack up in terms of primary energy use?

Annual load  $x$  PE factor/efficiency = primary energy

Ducted ASHP system: Heating COP 2.2 (w 10% electric resistance backup), PE factor 3.16  $3.16/2.2 = 1.44$ 

**ASHP** system in very cold climates will increase primary energy use for space heating.

We know the primary energy requirement is very tight. Maybe be the toughest requirement to hit without resorting to renewables. How do these systems stack up in terms of primary energy use?

Annual load  $x$  PE factor/efficiency = primary energy

Ducted ASHP system: Heating COP 2.8 (w 10% electric resistance backup), PE factor 3.16  $3.16/2.8 = 1.13$ 

ASHP systems must achieve COP of 2.8 (including backup heating) to reduce primary energy use for space heating.

We know the primary energy requirement is very tight. Maybe be the toughest requirement to hit without resorting to renewables. How do these systems stack up in terms of primary energy use?

Annual load  $x$  PE factor/efficiency = primary energy

Ducted ASHP system: Heating COP 2.8 (w 10% electric resistance backup), PE factor 3.16  $3.16/2.8 = 1.13$ 

ASHP systems must achieve COP of 2.8 (including backup heating) to reduce primary energy compared to base case.

**Data from CEE's monitoring on ducted cold climate ASHP suggests this may** not be possible (yet) in Minnesota, or similar climate zone 6

## **ASHP Performance – Preliminary Data**



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## **ASHP Performance – Preliminary Data**



And remember that with a Passive House, the balance point is shifted lower. **And the struce of the S** The vast majority of heating load will be at temperatures below 50F

### 3 home sizes





3 home efficiency levels

"High efficiency"  $=$ 2015 MN energy code



3 home efficiency levels

"Med. efficiency"  $=$ 1980's MN energy code

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3 home efficiency levels

"Low efficiency" = Pre-energy code with some insulation retrofit

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