

SUSTAINABLE

Best Practices: Building an

Integrated Team

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About SCI



- Consulting
 - High Performance
 - Design + Architectural
 - Design Existing
 - Existing buildings
 - HERS Rating and Verification
- Property Management
- Construction
- Development

Outline

- What is integrative project delivery?
 - General principles
 - Who is part of the team
 - Phius Team Roles
- IPD at various stages of a Passive House project
 - Diagnosis and Sales
 - Feasibility Study
 - Design Development
 - Construction
- Questions?



WHAT IS INTEGRATED PROJECT DELIVERY?



Integrated Project Delivery

Understanding the types of project delivery methods

- 1. Design-Build (DB)
- 2. Design-Bid-Build (DBB)
- 3. Construction Manager at Risk (CMAR)
- 4. Integrated Project Delivery (IPD)
- 5. Public-Private Partnership (P3)
- 6. Construction Manager Multi-Prime (CMMP)

Conventional Design Process

- Involves team members only when essential.
- Less time, energy, and collaboration in the early stages, but more time spent on the latter end.
- More decisions made by fewer people.
- Linear process.
- Systems often considered in isolation.
- Limited or constrained optimization.
- Diminished opportunity for green building and resilient synergies.
- Emphasizes upfront costs
- Typically finished upon construction
- Higher potential for cost overruns, delays, and change orders.

Integrated Design Process

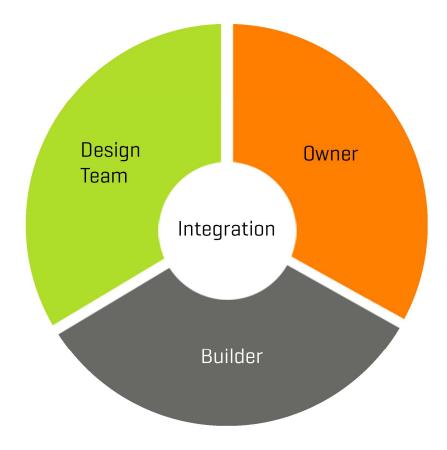
- Inclusive from the outset
- Front-loaded time and energy, but far less time spent later on during the project.
- Decisions influenced by a broad team.
- Iterative process.
- Whole-systems thinking.
- Allows for full optimization.
- Maximizes opportunity for green building and resilient synergies.
- Utilizes life-cycle costing.
- The process can continue through postoccupancy.
- Planning/iterative process minimizes costs overruns, delays, and change orders

Integrated Project Delive

American Institute of Architects (AIA) Definition:

Integrated Project Delivery (IPD) integrates people, systems, business structures, and practices into a process that collaboratively harnesses the talents and insights of all participants. The goals of IPD are to **optimize project results**, increase **value to owners**, **reduce waste**, and **maximize efficiency** through all phases of design, fabrication, and construction.

IPD principles can be applied to a variety of contractual arrangements. IPD teams can include members beyond the owner, architect, and contractor. In all cases, integrated projects are uniquely distinguished by **highly effective collaboration** between the owner, the prime designer, and the prime constructor, **beginning at early design** and continuing through project handover.





AIA Guide to IPD: https://www.aia.org/sites/default/files/2023-11/ipd_guide.pdf

Integrated Project Delivery

IPD and Sustainability

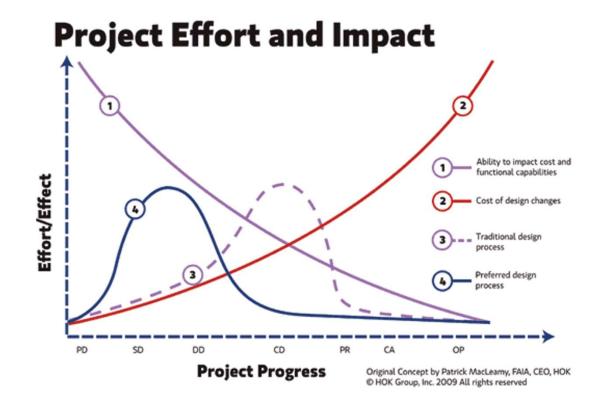
An integrated design process can result in a project that:

- Increases the opportunity to achieve more aggressive sustainability goals
- Optimizes energy efficiency and incorporates alternative energy solutions
- Recognizes and plans for synergies between green building and resilient design
- Moves beyond minimizing environmental impacts to creating positive, regenerative impacts on the environment
- Maximizes cost effectiveness



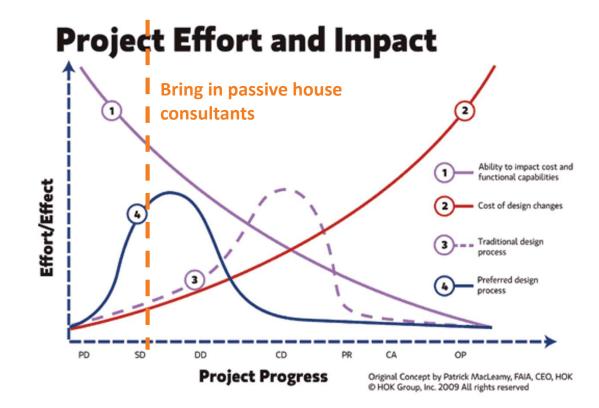
NJ Green Building Manual: https://greenmanual.rutgers.edu/nr-integrated-design-process/

Project Effort and Impact



Original Image from AIA

Project Effort and Impact



Original Image from AIA

Phius Roles

- Client or Project Owner
- Project Submitter
- Phius Certified Consultant: CPHC[®]
- Phius Certified Builder: CPHB
- Phius Certified Rater/ Verifier
 - Rater: required on Single-family projects
 - Verifier: required for non-residential and multifamily projects



Expanded Passive House Project Team Roles

- Owner
- Architect
- Builder
- Rater/Verifier
- CPHC
- Funding Agency
- Sustainability Consultant
- Owner's rep
- MEP Engineer
- Landscape Architect
- Structural Engineer
- Interior Designer
- Property MGMT
- Utility Company
- Municipality
- Solar Provider



Photo by fauxels

DePaul Pan-American Square, Buffalo,

NY



West Side Homes, Buffalo, NY







625 West Ave

- 15 Units
- iCFA 17,044 ft2
- GSHP Space Cond. & DHW.
- Phius 2018 Almost Certified
- Source Zero



146 Rhode Island

- 4 Units
- iCFA 4,612 ft2
- ASHP and HPWH
- Phius 2018 Certified



"What creates the difference between a frustrating project and a fulfilling project? Everyone we've talked to mentions **education**, alignment around **purpose**, **reduced ego**, and **clear direction**."

-Bill Reed, Regenesis Group



IPD at Various Stages of A Passive House Project

- Diagnosis and Sales
- Sales to Design Handoff
- Feasibility Study
- Design Development to Design Certification
- Design to Construction Handoff
- Construction Kick-off / Contractor Orientation
- Construction and Verification Phase
- Project Closeout



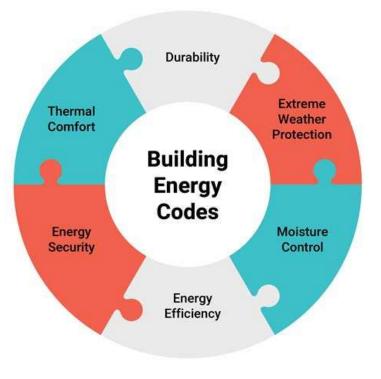
Diagnosis and Sales



Diagnosis



https://codes4climate.efficiencycanada.org/wpcontent/uploads/2021/04/C4C_BuildingEnergyCodes.png



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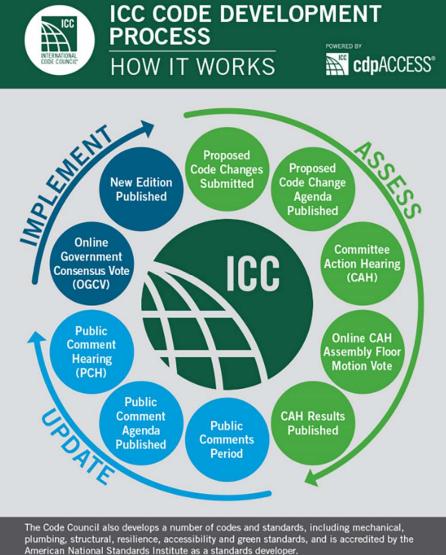
Diagnosis

- Energy codes
 - Requirement vs Want
- Available incentives
 - Larger incentives associated with Phius
- Funding opportunities/requirements
 - Competitive points are offered with Phius certification
 - Loan interest saving
- Project Type and complexity
 - DER/Existing vs New Construction
 - Multifamily vs Townhome/8-plex
- Overall goals
 - Lower operating cost



https://www.istockphoto.com/photos/magnifying-glass-building

Energy Code



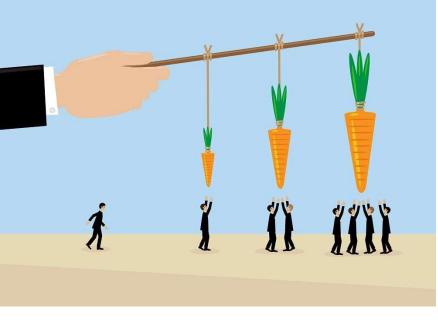
swinter.com

Incentives

Aligning Energy Efficiency Program Objectives with State Policy Goals







corporatecomplianceinsights.com





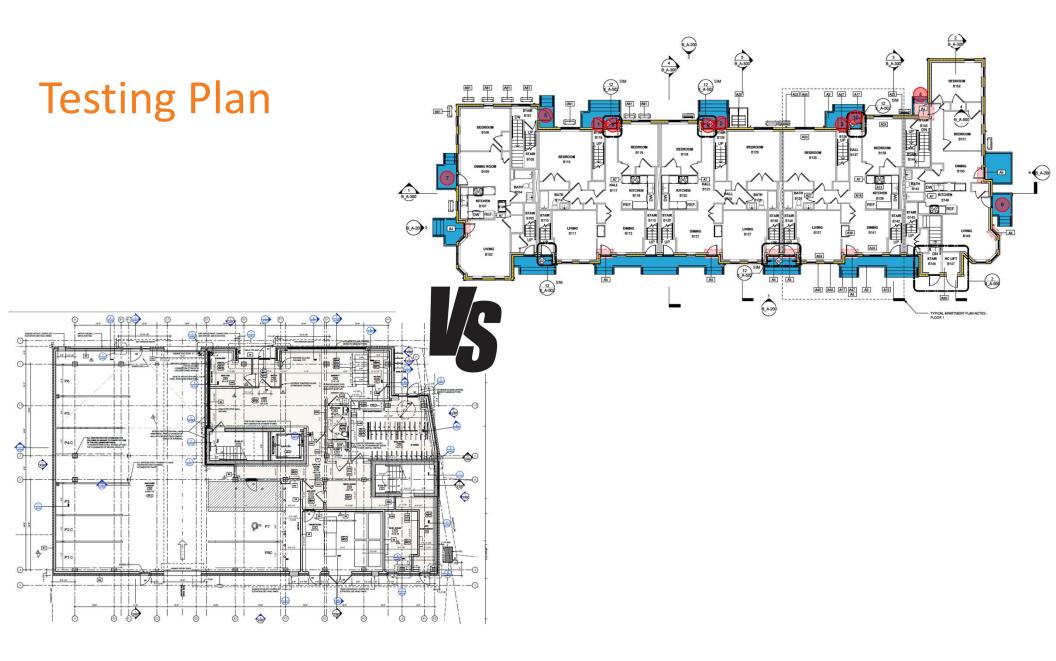
national**grid**



Scope of Work

- Passive House
 - Design
 - Feasibility
 - Building complexities
 - Team experience
 - Verification
 - Testing complexities
 - Building readiness
 - Mid-point testing
 - General contractor support





Sales to Design Handoff

- Assemble internal team
 - CPHC
 - Verifier
 - Project Manager
- Connect / assemble external team
 - Verifier
 - GC should have someone on staff with Phius training/previous PH experience
- Information transfer
 - Co-requisites
 - Additional green programs
 - Additional mandatory regulations



Credit: iStock, Richvintage

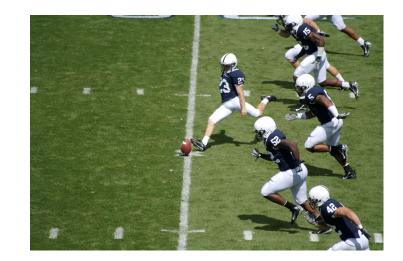
Who drank the Kool-Aid?

- Owner is passionate vs checking a box on an incentive program
- Contractor wants to do things the way they've done it for 30 years vs has their CPHB and is excited about the challenge
- MEP has experience from previous PH project vs thinks it's just an annoying added burden
- The team has worked together on previous projects
 - Lather rinse repeat why it does not always work.



Kick-off Meeting

- Listen and Educate
- Talk in more detail (generic) about PH requirements.
 - Provide starting point for assembly R-values and system efficiencies
 - Keep ducts short & insulation
 - DHW distribution
 - Overall expectations about window performance
 - Make sure they fully understand air leakage requirements and potential challenges
- A time to listen for feedback and owner preferences
 - Provides context for feasibility study
 - Kitchen range exhaust, DHW, Duct ventilation



Examples of Owner Non-Negotiables

- Won't do central HP DHW and do not like unitary HP units.
- Want individual ERV's so in each independent unit for homeowner. MOH program
- IAQ concerns and will not install recirculating range hoods.
- Must have large windows due to marketability.
- Property MGMT. must be able to access ERV units from exterior to change filters. Unwilling to enter each unit.
- Do not want to change one ERV filter per unit = Semi Central approach
- Looking to contain costs and not install PV.



What will it take to make this project a successful passive house project?

- Study the design and perform energy modeling for preliminary results.
- Compile findings and recommendations into a report and meet with the project team to review.
- Meet with the entire design team meeting to review. Includes ownership/development, design and any other consultants.
- Takes place during the SD phase, sometimes even earlier.
- More info supplied to CPHC means more impactful report.
- Mass Save through ICF requires the review meeting as part of the incentive.

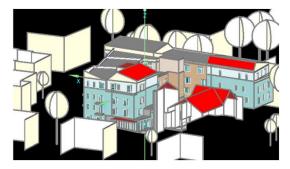
Pre-Design Schematic Design Design Development Construction Documents Bidding Construction Administration Feasibility Study

Information Requirements for Feasibility Study

GOOD	BETTER	BEST	
Minimum Required	More Accurate Results	Most Accurate Results	
Site plans showing building location and orientation	Plans showing parking stall quantities and proposed EV spaces	Roof plans showing proposed equipment and PV locations	
Building floor plans showing room use (ex. bedroom, kitchen, office), quantities, and locations	MEP equipment specifications and/or preferences	MEP plans showing equipment locations, plumbing supply piping and ductwork layouts	
Exterior building elevations showing window and door locations, material changes, and any shading canopies	Window and door schedules indicating exact sizes and preferred manufacturers	Window and door specifications noting center of glass U-value and SHGC, frame U-values, and psi-value	
Building sections showing building height and wall areas below grade	Foundation, slab, floor, wall, and roof assembly types	Proposed connection details at exterior locations (ex. walls to foundation and slab, parapet wall and roof connection)	

What does the report include?

Target and Occupancy Overview



Building Information		Heating/Cooling Targets			
Dwelling Units	49	<u>.</u>			
Occupants	101	Annual Heating Der	mand	5.5 kBtu/ft2yr	
Conditioned Floor Area (iCFA)	39,349.7	Annual Cooling Demand		6.2 kBtu/ft2yr	
Envelope Area	54,632.1	Peak Heating Load		4.2 Btu/ft2hr	
		Peak Cooling Load		3.0 Btu/ft2hr	
Air Tightness Whole Building Testing	0.060 CFM50/ft2				
0 0	.,	Source Energy	5100 k	Wh/person.yr	

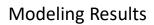
Additional Compliance Programs

- EPA Indoor AirPLUS
- Energy Star Homes
- DOE Net Zero Energy Ready Homes
- Mass Save Incentives









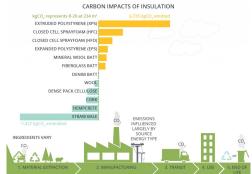
	Heating demand:	4.63 kBtu/ft²yr					🗸
Option 1:	Cooling demand	5.31 kBtu/ftªyr				ļļ	
	Heating load:	4.08 Btu/hr ft2					
Geothermal Heating & Cooling	Cooling load	2.76 Btu/hr ft ²	_	-		Ĵ	
	Source energy:	4,682 kWh/Person yr	2000	4000	3 4 6000	8000	1000
	Site energy:	22.78 kBtu/ftªyr	4,17	-	5 16.67	20.83	25
	Heating demand:	4.68 kBtu/ft²yr			•		
Option 2: VRF Heating & Cooling	Cooling demand:	5.26 kBtu/ftªyr			i i		
	Heating load:	4.08 Btu/hr ft ²					🗸
	Cooling load:	2.75 Btu/hr ft ²		-			🗸
	Source energy:	4,789 kWh/Person yr	2000	4000	6000	8000	10000
	Site energy:	23.3 kBtu/ftªyr	4.17		2.5 16.67	20.63	25

What does the report include?

Alternate Products – Environmental Impact

PROS

Polyisocyanurate: Aged R-value ~ R-6 per inch, vapor impermeable		
Extruded Polystyrene (XPS): R-5 per inch, vapor semi-permeable		
Graphite Polystyrene (GPS): R-5 per inch, vapor semi-permeable		
Expanded Polystyrene (EPS): R-4 per inch, vapor semi-permeable		
Rockwool: R-4 per inch, vapor permeable, fire resistant		
Wood Fiberboard: R-3.6 per inch, vapor semi-permeable		



Highest R-value per inch	Vapor closed, retains water
High R-value/inch	High global warming potential
EPS with improved R-value, source locally	Less common
Best option for foam insulation	Lower R-value
Hydrophobic, not petroleum based	Cost
Natural Material, Positive carbon sequester	Thicker wall, availability

Exterior Insulation for R-12 Exterior		
Thickness Required	Type (R per Inch)	
2"	Polyisocyanurate (R-6)	
1.5″	XPS / GPS (R-5)	
3″	EPS (R-4)	
3″	Rockwool (R-4)	
4"	Wood Fiberboard (R-3)	

CONS

Potential Challenges

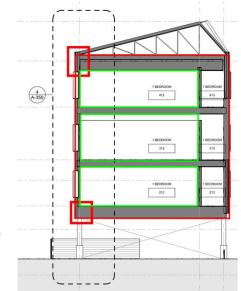
- Potential Thermal Bridges
- Foundation to wall transition
- Wall to roof transition •

•

- Siding attachments (Brick Ties)
- **Canopy** attachments •
- **Roof drains** •
- Equipment curbs
- Roof insulation fastening system •

Additional detailing required for thermal-bridge-free construction

- Thermal and air control boundary 0.06 CFM/ft2 @50PA
- Compartmentalization boundary 0.3 CFM/ft2 @50PA



Feasibility Study – Discussion Points

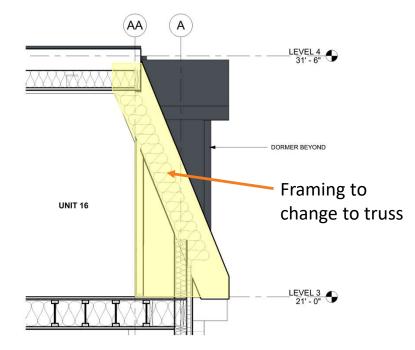
Mansard Roof



Project Rendering



Location



Roof Connection Detail

Images from Co-Everything LLC

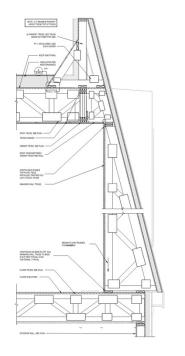
Feasibility Study – Discussion Points

Mansard Roof

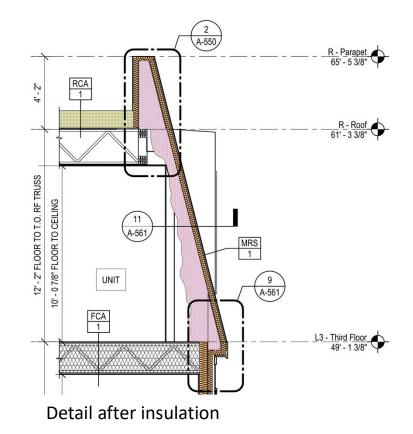


Determined low emitting closed cell spray foam would be the path of least resistance.

Continuous, filled smaller voids, ease of install, less moisture concern.



Detail before insulation



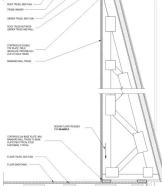
Images from Cube 3

Feasibility Study – Discussion Points

Mansard Roof

The Report

Roof Assembly ratio. Exterior insulation = R-4/inch x 3 = R-12 Exterior must be >35% whole roof = R-35 roof. Cavity = R-23 max before additional exterior insulation is required-3.3/inch = ~7" mineral wool, colluloso_fiberralses or 5 75" of R-4 timberbatt



Mansard Roof Trusses Filling the interior cavity with insulation will require

additional exterior insulation. Using net and blown insulation along the exterior will create a service cavity.

Moisture Control (Zone 5)

- Confirm whether any roofs will be vented
- Unvented roof: Outer air-impermeable insulation value >35% of total roof R-value. Option A will need more exterior insulation.

The Discussion During Review

- No service cavity needing sprinkler protection fire engineer said eliminate it
- Sustainability consultant wanted to eliminate it
- Arch required for city approval, neighborhood, historic look blending into landscape
- CPHC consider moisture control guidelines when selecting materials

Decision was to fake the mansard outboard of a more typical vertical wall. Could be challenges with fastening through exterior insulation creating thermal bridges or condensation risks.

Still awaiting the final detail

Feasibility Study – Discussion Points

Barely-Passing Model

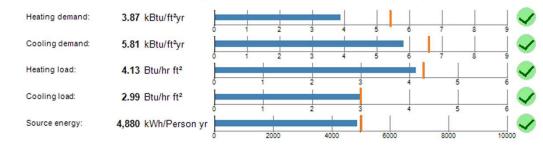


Project team used a design-certified project as a guide This project performed differently – there's no "one-size fits all" assembly and equipment selection for passive house

Initial modeling results were very tight

Our findings indicate that targets are tight for the heating and cooling load as well as the source energy. At this early stage we recommend a 10% buffer on all targets.

Our primary recommendation is to strategically reduce the window sizes and/or quantity.



Images from Monte French Design Studio

Feasibility Study – Discussion Points

Barely-Passing Model

Options discussed to improve the WUFI model performance

Windows - Reduction in Quantity and/or Height

- Challenged with the site shading from surrounding buildings and a larger amount of glazing (heat loss, minimal gain)
- Modeled three window size options to illustrate the impact
- Larger glazing desired for real estate value in small SF units

Water Heating - HPWH vs Electric Resistance

- Performance impact
- Higher initial costs for HPWH
- Livability HPWHs produce cold air and can be noisy
- Electric resistance increases the source energy usage
- Mass Save weigh-in on rebates for HPWH

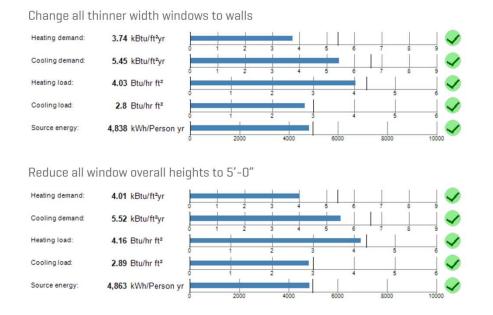
ERV – Central vs Unitary

- Central system could help get windows desired by the team
- Cost for central higher for development
- Central would require more work from maintenance (condos)



Feasibility Study – Discussion Points

Barely-Passing Model



Modeling results for 2 options

Although <u>both of these</u> options have reduced the cooling load, the buffer is not the 10% that is recommended at this stage.

We recommend continuing to reduce the window area.

Still having discussions with the team.

Reduced the glazing even more and film windows for lower SHGC to reduce cooling needs.



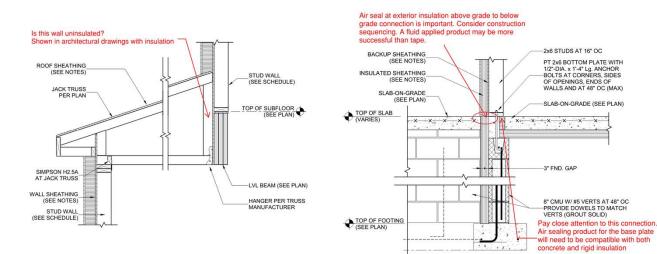
Highlights

- Register with Phius early
 - Red-Flag Review if needed
- Understand and communicate review cycle to set expectations
 - Phius Project Flow Outline
- Formal Design Review by SCI
 - Includes CPHC, Verifier/Rater if both
 - Corequisite Program Review
 - Plan and program checklist review
- Iterative Process
 - Heavy communication between all disciplines as details are developed



Design Review

- Clear communication to the design team
- Detailed drawing review leads to success



BLOWER DOO INSPECTED PF CHECKLISTS	<u>KOTE</u> : AIR LEARAGE TESTING. APARTMENT UNITS WILL BE TESTED INDIVIDUALLY USING A TO ACHEVE THE AIR LEARAGE TARGETS OF THE PROGRAMS. EACH UNIT MUST BE DE ORTWALL BY A HERST ATAER AND MEET ALL REQUIREMENTS OF THE ENERGY STAR TI ST THE RESPONSEBILITY OF THE CONTRACTOR TO PROVIDE AIR TIGHT UNITS THAT MEET MENTALIZATION TESTING OF THE UNERGY STAR PROGRAM.	
BUILDING TES	NG TESTING: EACH BUILDING WILL BE TESTED FOR WHOLE BUILDING AIR LEAKAGE. WHOLE INIG MUST NOT EXCEED 0.05 CFM 50% OF ENCLOSURE FOR THE BUILDING AS REQUIRED BY VOUSE PROGRAM.	
PRF-INSTALLA	TION MEETINGS:	
I. CONDUCT R	EGULAR SCHEDULED MEETINGS WITH FRAMERS, INSULATION IRY WALLERS, MECHANICAL & PLUMBING CONTRACTORS, ELECTRICIANS	
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2. SEAL B	LL RIM JOISTS TO MINIMIZE AIR CURRENTS AROUND FLOOR INSULATION.	
4. DUCTS	HE SEAMS BETWEEN PIECES OF SUB-FLOORING W GOOD QUALITY, LOW VOC ADHESIVE. FLUES, SHAFTS, PLUMBING, PIPING, WIRING, EXHAUST FANS & OTHER PENETRATIONS NONED SPACE SEALED WITH BLOCKING / FLASHING AS NEEDED.	
ALL SLAB FLO	DRS .	
1. SEAL E	XPANSION JOINTS AND PENETRATIONS w/ A CONCRETE LOW VOC SEALANT.	
	WALL LOCATIONS	
OR SUB-FLOC	GRADE SILL PLATES ADJACENT TO CONDITIONED SPACE SEALED TO FOUNDATION	
	ALL PENETRATIONS THRU SHEATHING.	
	OR PLYWOOD, GLUED AND SEALED SEAMS. LAIR INFILTRATION BARRIER w/ 100% TAPE.	
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AND ALL ELEC	TRICAL BOXES.	
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WIRING AND D	UCTS.	
	L DRYWALL ON WALLS AND CEILINGS PRIOR TO SOFFIT FRAMING AND FURRED DOWN	
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	TRICAL BOXES AND DUCTS (OR ANY OTHER PENETRATIONS).	
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	FOAM, DRYWALL, ADHESIVE, OR EQUIVALENT, APPLY SEALANT DIRECTLY E DRYWALL AND TOP PLATE, OR TO THE SEAM BETWEEN THE TWO FROM	
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PEALANT	The second of th	

AIR SEALING NOTES:

- SERANT: 5. ROUGH OPENINGS AROUND WINDOWS AND EXTERIOR DOORS SEALED WITH LOW EXPANSION FOAM. 6. DOORS TO UNCONDITIONED SPACE MADE AIR TIGHT WITH WEATHER STRIPPING.
- ALL CEILINGS: 1. FOLLOW STANDARD FINISHING TECHNIQUES TO SEAL ALL JUNCTIONS AND JOINTS

AIRTIGHT DRYWALL APPROACH WIRING AND ANY HOLES INTO ANY OUTLETS BOX ON DEMISING WALLS AND EXTERIOR WALLS SEALED WITH CAULK OR FOAM AND OUTLET BOX CAULKED TO DRYWALL

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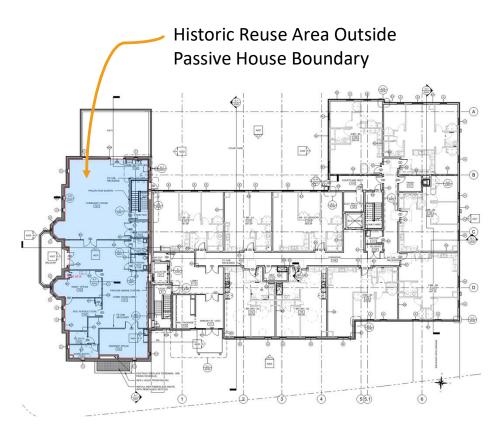
CEILING / WALL VAPOR BARRIER FLOOR AIR BARRIER AND VAPOR BARRIER

Design Certification Process

- Contact Phius with questions
- There can be surprises, so include a healthy buffer early on



Historic Reuse with New Construction



Include energy usage for support spaces outside the passive house boundary

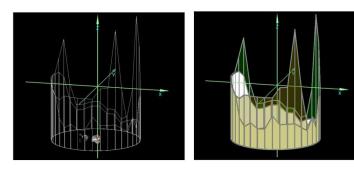
Rendering from Davis Square Architects

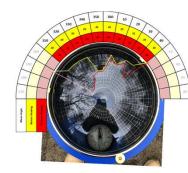
Strong Relationships Drive Success

- Project Roles Architect, CPHC, Verifier, and CPHB all by SCI
- Fast responses with so many in one company
- Needed detailed shading for passing model
 - Solar pathfinder method for shading
- Request add multiple windows
 - Studied outcome of various models
- Multiple changes during design (even into construction)



Wufi model with Summer and Winter Shading





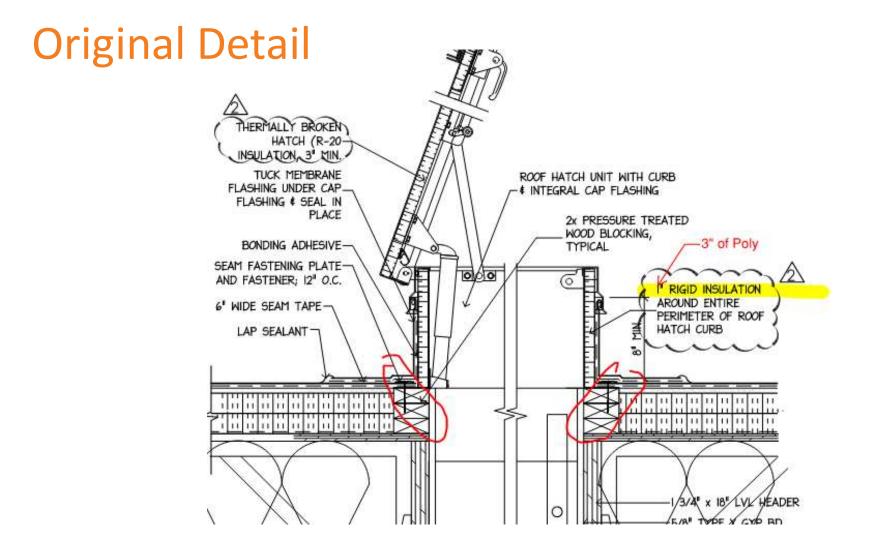
Solar Pathfinder for Modeling Shading

Construction

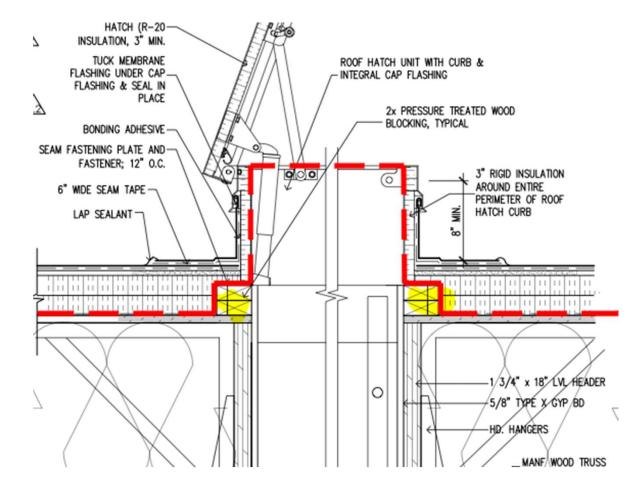


Design to Construction Handoff – CPHC perspective

- Setting up the verifier for success
- Dedicated meeting walking though plans to discuss important features
- Chance to review project players
- Timelines
- High-level goals
- Concerns pitfalls. intimate knowledge of specific features we want to get right.
- Clarify what submittals the CPHC needs to see.



Improved Detail



Reality

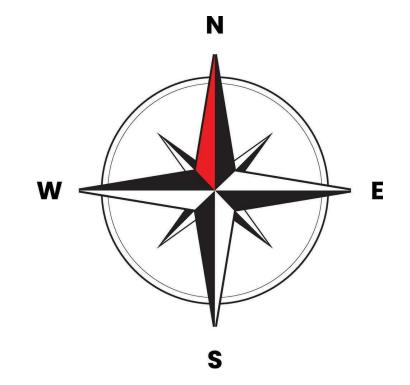


Verification



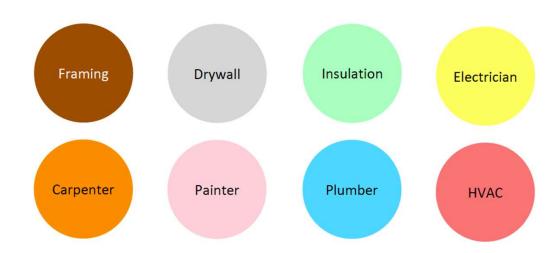
Contractor Orientation

- Bring Integrative process on-site
- Purpose is to take design team vision, comments and all the hard work and internalize it with the construction team. The shared goal is passive house!
- Review all specific design details as it relates to Phius. Bring everything from the design to construction handoff
- Review co-requisite programs
- Discuss building readiness and the testing plan



Contractor Orientation

- Who should be there?
 - Most trades have a role in the success of Phius
 - Site super, MEP's, drywaller, roofer, framer, insulation, even structural
 - Also, the Architect
- Assigning the Air Boss
- Setup communication
 - Site reports
 - Issue escalation
 - Testing coordination



Verification

- Submittal review for co-requisite programs
- Executing the Mid-point
 - Develop mid-point testing plan that provides clarity around building readiness
- Provide Education
 - Construction kick-off meetings and what is reviewed.
 - What are folks sharing with us? Be a good listener.
- Interaction between Verifier and CPHC
 - Finding issues in the field that would impact the WUFI model. (ex: longer ventilation ductwork, higher/lower U/SHGC values, thermal bridges and missing walls)

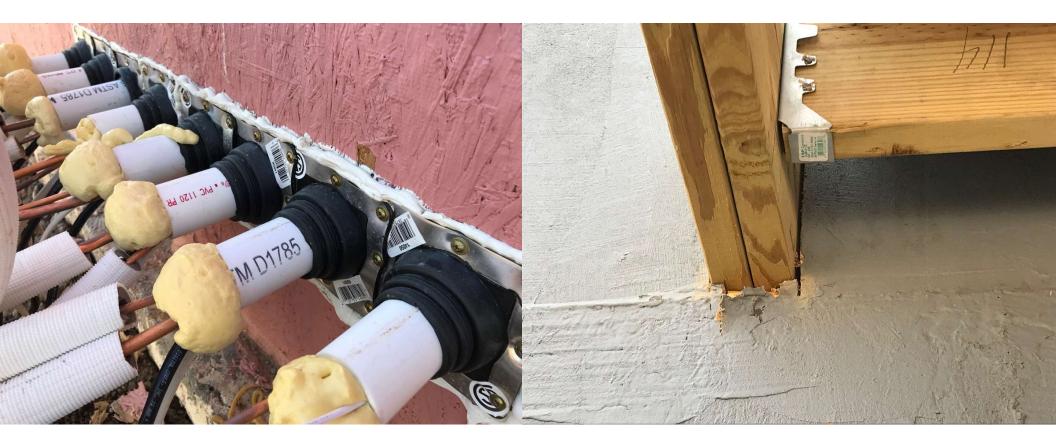
Design Changes During Constru

- Each party has their responsibility
 - CPHC Phius compliance & building science
 - Arch Signoff
 - GC Buildability
 - Verifier Compliance with co-requisites
 - Subs Estimate costs & perform additional work
 - Owner Design & cost approvals
- GC/Architect will know to reach out to CPHC
- May need to run additional therm calcs
- Importance of a call vs email to fully understand implications



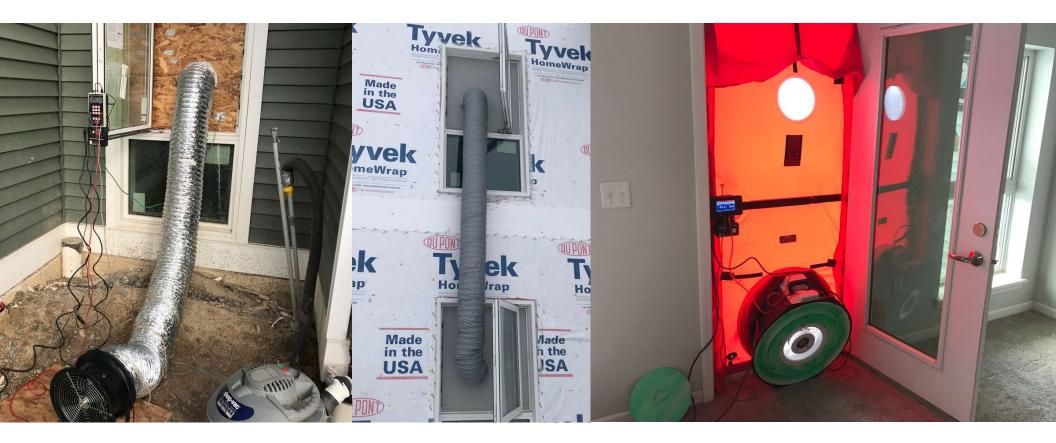
Install Coordination





Air Tightness Testing





Final Verification

Additional Verification

- Hot Water Distribution
- Ventilation Flow Rates
- Ventilation wattages
- Final equipment efficiencies





Guiding Factors of IPD

- Early Involvement of Key Participants
- Early Goal Definition
- Open Team Communications
- Mutual Trust and Respect
- Mutual Benefit and Reward
- Collaborative Innovation and Decision Making
- Appropriate Technology
- Organization and Leadership



"Collaboration is not a substitute for accountability"

-AIA Guide

3

SUSTAINABLE

Thank you! Any questions?

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